

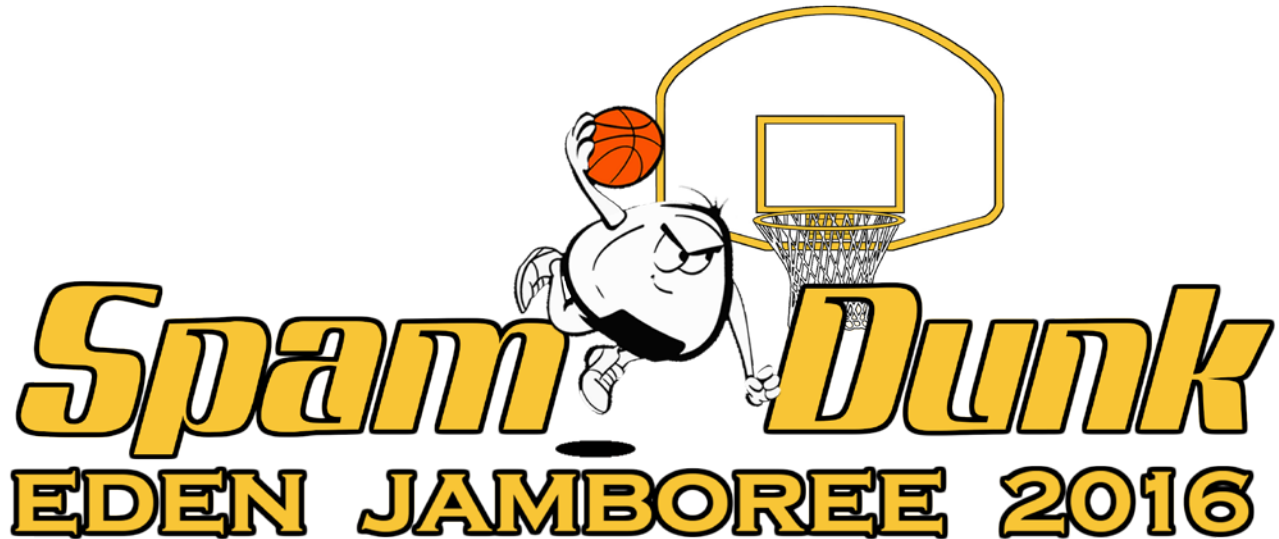


March 2016
NEWSLETTER

EdenAthleticClub.org

Eden Japanese Community Center (EJCC)
710 Elgin St. | San Lorenzo, CA | 94580

Get Ready for



Saturday, March 26

The Ultimate Fieldhouse

2640 Shadelands Drive, Walnut Creek 94598

Join us at our 29th Annual Eden 'D' and 'E' Basketball Jamboree. Over 400 participants from 40+ teams, ranging from K-6th grades come together for an enjoyable and competitive day of basketball. Our boys and girls Jamboree is a single day friendship tournament, that is designed to promote good sportsmanship and encourage full participation by supporting the growth of younger players.

There are a few remaining Jamboree items needed and DUE:

1. Jamboree Work Shift questionnaire
2. Advertisement Solicitations and Forms
3. Requests for food donations

Please return these to your team manager immediately if you have not done so already.

Directions from the West

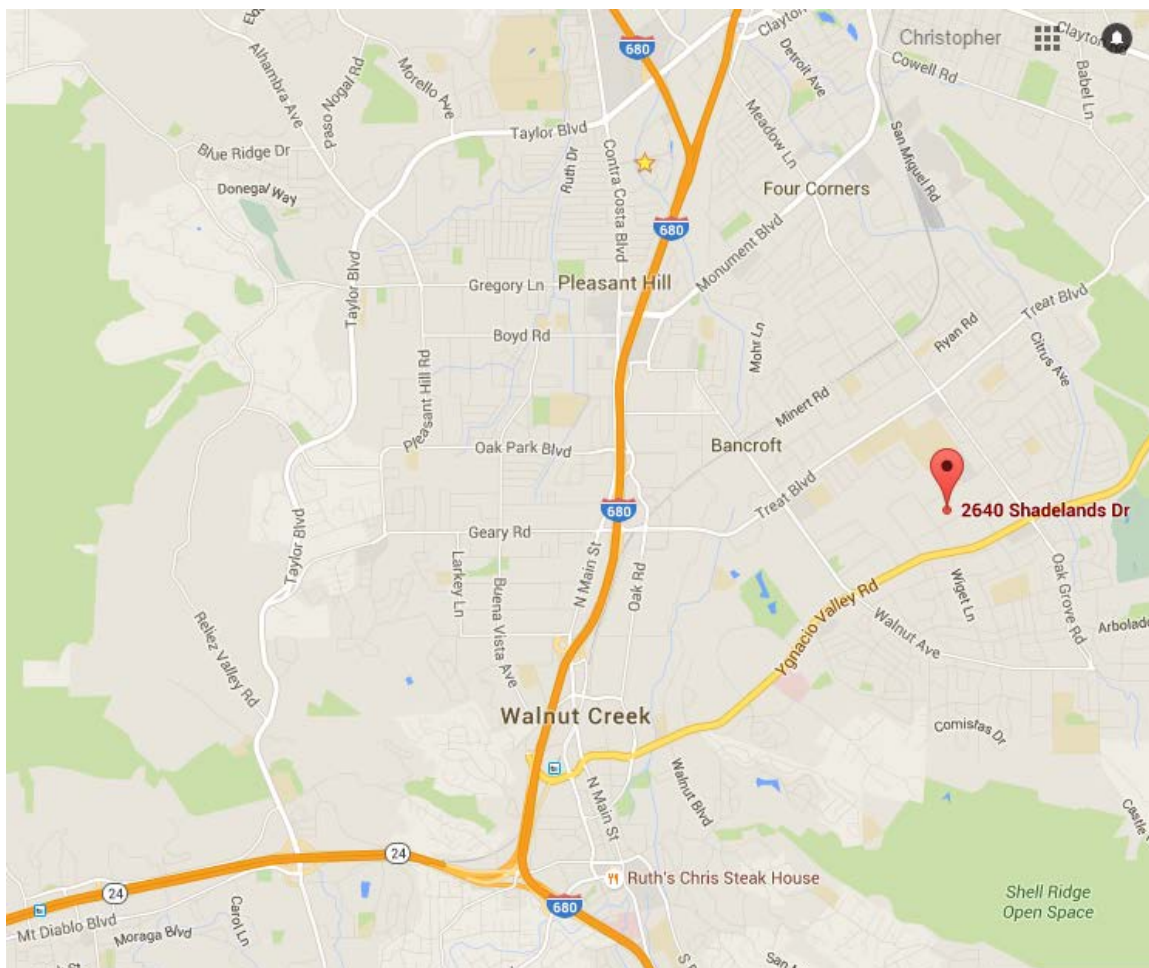
Connect to Eastbound Highway 24 towards I-680 North and exit Ygnacio Valley Rd in Walnut Creek. Continue on Ygnacio Valley Rd. Drive to 2640 Shadelands Dr

Directions from the South

Connect to I-680 North and exit Ygnacio Valley Rd in Walnut Creek. Continue on Ygnacio Valley Rd. Drive to 2640 Shadelands Dr

Directions from the North

Connect to I-680 S and Take exit 48 to N Main St in Walnut Creek. Take Treat Blvd, Right onto Bancroft Rd and Left onto Ygnacio Valley Rd to 2640 Shadelands Dr



In preparation for closing out a spectacular season, a Coordinator is needed for the Coaches Appreciation Dinner at the end of April or May. Please contact your team manager or EAC Board with your interest!

Save the Date for Eden Family Movie Night!

Saturday, April 2, 2016

The Eden JACL will hold a Family Movie Night at the Eden Community Center. Check the Eden Japanese Community Center Facebook page later in March or the March Eden JACL Newsletter for final details.!

Check 'em Out !!

See all those lucky strikes that our Eden JACL, Eden Athletic Club, & Eden Japanese Community Center had during Family Bowling Night on Thursday, February 11 !!

<https://www.facebook.com/EdenCommunityCenter>



If you missed out on the fun, be sure to check out the Kids Bowl Free Summer Bowling Program at Castro Valley Bowl. Registration has now opened up!

To register please visit http://www.kidsbowlfree.com/center.php?alley_id=230

Make sure to add the Family Pass to your account today.

By adding the Family Pass today you'll be able to join in the fun with your children all summer long. Summer fun doesn't have to cost you a fortune!

Team Eden Ohtani Tournament Pictures



Check out all the exciting Team Eden action from February 28 at the Ohtani Tournament in Berkeley!!

<https://normyoshida.smugmug.com/EdenBasketball/201516-Eden-Basketball>

Thank You Norman !!

Let's Keep Our Kids Safe

GYM RULES and SAFETY

Teams should be reminded that players should not be at gyms unless supervised by Eden parents nor should they be in the gym earlier than the time that Eden has rented the gym.

- Due to insurance/liability issues, only EAC players are allowed on the courts.
- Children who are not Eden players must not be left unattended in the gyms.
- Climbing and playing on the bleachers or gym structures is prohibited.
- Eating and drinking beverages are NOT inside the gyms. Water is permitted. Please enjoy your after practice snacks outside the gym.

League and Tourney Safety Rules

Absolutely NO jewelry; tops must be tucked into the shorts; shorts should not have pockets or belts; undershirts, if worn, must be the same color as the uniform tops—white on white, blue on blue. Once a game has started, only players, coaches and referees are allowed on the court. Any bloodstained uniform must be changed before a player is allowed to enter/re-enter the court. Coaches have been given extra uniforms and should carry them with their equipment to all games.

Everyone's adherence to these rules will ensure the EAC's continued use of these gyms. Thanks for your cooperation!

UNIFORM CARE REMINDER

Please take off uniforms immediately after playing and leaving any gym. Most uniform stains occur from eating after a game with player uniforms still worn.

In the event of staining, please treat stains on uniforms as soon as they are noticed. "Shout" is a safe product to use. **Thank you!**



DO NOT USE BLEACH
Wash uniforms in **COLD WATER ONLY**
HANG DRY ONLY
Do **NOT** tumble dry
Dry completely

Please note Eden's replacement uniforms policy. If a uniform is deemed damaged beyond repair at the end of the season, their replacement charge will be deducted from the member's registration fee.

NEWSLETTER CONTRIBUTIONS

We welcome anything you would like to share with the Eden Community and have posted in next month's newsletter, please send to ChrisKitWong@gmail.com by the 25th day of the month for publication to the following month. Thank you!



2015-2016 EBYAL & EBGAL Game Schedules are posted on the Eden Athletic Club website.

<http://www.edenathleticclub.org/league.html>

Visit and Like us on Facebook



<https://www.facebook.com/EdenCommunityCenter>

Eden Basketball Gym Schedule

March 2016

<http://www.edenathleticclub.org/practice.html>

	3/4/16	3/11/16*	3/18/16	3/25/16
Bancroft**	7-8:30: ES, EG 8:30-10: BB	7-8:30: DBG 8:30-10: BB	7-8:30: DBS 8:30-10: BB	7-8:30: EG, DGS 8:30-10: BB
John Muir**	7-8:30: EN, EB 8:30-10: CB	7-8:30: EB, ES 8:30-10: CB	7-8:30: EB, ES 8:30-10: CB	7-8:30: EB, ES 8:30-10: CB
Fred Korematsu High	7-8:30: DBS, DGS 8:30-10: DBG	7-8:30: EG, DBS 8:30-10: DGG	7-8:30: DGS, DGG 8:30-10: DBG	7-8:30: DGG 8:30-10: DBG
San Lorenzo High (East gym)	7-8:30: DGG 8:30-10:30: DADS	7-8:30: DGS 8:30-10:30: DADS	7-8:30: EG 8:30-10:30: DADS	7-8:30: DBS 8:30-10:30: DADS
McKinley		7:00-9:00: EN	7:00-9:00: EN	7:00-9:00: EN

Practice schedule is subject to change due to gym availability. Your team's manager will notify you of any changes.

Coaches:

EN: E-Non – Kyle Tanamachi

EB: E-Bronze – Alain Nakamura

ES: E-Silver – Sid Hsu

EG: E-Gold – Genro Sato

DBS: D-Boys Silver – Tony Lee

DBG: D-Boys Gold – David Goodwin

CB: C-Boys Silver – Erik Nakamura

BB: B-Boys – Kevin Valerio

DGG: D-Girls Gold – Elvis Chan

DGS: D-Girls Silver – Roger Lee

**RULES regarding the use of John Muir, Bancroft and Fred Korematsu:

1) No street shoes allowed—only athletic shoes. Absolutely no spiked heels on the court.

2) NO food is allowed in the gym. Please be sure to wipe up any spills and pick up any bottles after your practice or game.

We must stress how important it is to follow the rules if we are going to continue to be allowed to use these gyms. Thank you!

Bancroft Parking: Gym is located at Bancroft and Callan Ave. Additional parking can be found across the street from the school. The driveway is on Callan Ave.

San Lorenzo High East Gym – Use the parking lot entrance on Ashland Ave. to access SLz High's East Gym. Turn right at the end of the parking lot and the gym will be to your left. You can park alongside the gym on the blacktop.

Fred Korematsu High School Gym is located at the corner of E. 14th St and 138th Ave. Street parking is available.

If you have any problems or concerns with the gyms, please contact Karen Sakai at (510) 867-5100 or at both@the-sakais.com.

GYM LOCATIONS

Alameda Point Gym

1101 West Red Line Ave Alameda, CA 94501

Bancroft Middle School

1150 Bancroft Ave., San Leandro, CA 94577

(Additional parking can be found across the street from the school. The driveway is on Callan Ave.)

Diablo Japanese American Cultural Center (Diablo)

3165 Treat Blvd Concord, CA 94518

Fred Korematsu High School (FTK)

2200 Bancroft Ave., San Leandro, CA 94577 *The gym is located at the corner of E. 14th St. and 138th Ave.*

Street parking is available.

John Muir Middle School

1444 Williams St., San Leandro, CA 94577

McKinley Elementary School

2150 E. 14th St., San Leandro, CA 94577

San Lorenzo High East Gym

50 East Lewelling Blvd., San Lorenzo, CA 94580

(Use the parking lot entrance on Ashland Ave. to access the East Gym. Turn right at the end of the parking lot and the gym will be to your left. You can park alongside the gym on the blacktop.)

Southern Alameda County Buddhist Church (SACBC)

32975 Alvarado Niles Rd Union City, CA 94587

Tice Valley Community Gym (TICE)

2055 Tice Valley Blvd Walnut Creek, CA 94595

Walnut Creek Intermediate (WCI)

2425 Walnut Blvd Walnut Creek 94597

Entrance from Ygnacio Blvd (gym in the back)



**Eden JACL Scholarship application
deadline - March 1**

Sacramento Betsuin Tournament
March 5-6, 2016

EBYAL C & B Shaughnessy
March 5-6, 2016

FYBC Tournament
March 12, 2016 – Girls
March 13, 2016 – Boys

SACBC Hanamatsuri Tournament
March 12-13, 2016 B & C Divisions
March 19-20, 2016 D & E Divisions

EAC Board Meeting @ EJCC
March 16 7:30 pm

Preliminary Bazaar Meeting
March 17 - (7:30 pm)

30th Annual SJUMC Tournament
March 19-20, 2016

EDEN JAMBOREE
March 26, 2016

**BCSF YAO 36th Annual Invitational
Tournament**
April 9 & 10, 2016
San Francisco – 7th-12th Grades

**National JACL Scholarship application
deadline - April 1**

**Chicken Teriyaki Bento prep - April 15, 10:00
am**

Chicken Teriyaki Bento benefit - April 17

Coaches Dinner
Late April – Early May

Scholarship Luncheon - May 7

Final Bazaar Meeting - May 19

Bazaar Construction - June 5

52nd Annual Eden Bazaar - June 11 – 12



"Treasured Lands" Photography Exhibit by Quang-Tuan Luong

March 7 to March 24

In the fine tradition of Ansel Adams, Quang-Tuan Luong is the only photographer known to have photographed all Fifty-Nine National Parks on a traditional 5x7 camera with large-format color film. Quang-Tuan was featured in Ken Burns' "The National Parks: America's Best Idea," a documentary on the history of the national parks. His images, created in the classic American Landscape Tradition, present the glory of our American Heritage.

Location: PhotoCentral 1099 E St. Hayward, CA 94541

Cost: Free

Lunar New Year Celebration

See lion dancing and more on March 12th at Lunar New Year Event Benefitting the San Leandro Education Foundation. A family friendly event featuring Asian cultural performances in honor of Lunar New Year. Benefitting San Leandro schools. Join the Asian Community Cultural Association (ACCA) for its third annual Lunar New Year Benefit Event on Saturday, March 12, 2016 at the San Leandro Performing Arts Center, 2250 Bancroft Avenue in San Leandro from 6PM-8PM. Performances include lion dancing, cultural performances by local talent and magic by Dan Chan. Tickets for the event are \$15 for adults and \$10 for children under 12. To purchase tickets, please visit www.sledfund.org or call 1-800-819-2020.

Relay For Life Kick-Off

Wednesday, March 9, 2016 6:30PM

Zocalo Coffee House

645 Bancroft Ave, San Leandro, CA 94577

Please join us as we celebrate the start of the 2016 Relay For Life of San Leandro season and continue our fight against cancer. The 2016 Relay For Life season is starting and the San Leandro Relay For Life Event Leadership Team wants to welcome back all of our past participants, teams, caregivers and cancer survivors. We also want to welcome all who want to join our fight against cancer. Sign up for the Relay, learn more about the 2016 event, get some swag and have fun! Please join us. Everyone is welcome! Why should you attend?

- Learn about Relay For Life.
- Sign up for Relay For Life.
- Meet the Leadership Team.
- Learn about American Cancer Society programs and services available.
- Fight back against cancer.

For more information, visit

RelayForLife.org/SanLeandroCA, or email

jessi.norris@cancer.org

71st Annual FREE Easter Egg Hunt & Bonnet Parade

March 26, 9:00 AM @ Kennedy Park

The Annual Easter Bonnet Parade & Egg Hunt will take place at Kennedy Park 19501 Hesperian Blvd.

Hayward, CA 94541 on Saturday, March 26, 2016.

Registration will begin promptly at 9:00 am with the parade starting at 9:30 am. Bonnet parade participants must be 6 years of age and under to participate. Bonnets must be homemade and will be judged on the prettiest, most unusual and most colorful. The Egg Hunt will immediately follow the Bonnet Parade. There are four egg hunt age categories: 1 – 2 years, 3 – 4 years, 5 – 6 years, and 7 – 9 years. The Easter Bunny will make a surprise visit and will take place rain or shine.

J'Sei Flavors of Spring

Friday April 22, 2016

Taste, sip and smile your way through the 3rd Annual Flavors of Spring. Join us for an evening of delectable food and beverages from Bay Area restaurants, wineries and microbreweries. The historic Julia Morgan designed Berkeley City Club will provide the perfect ambiance for a grown-up Friday night with live music and a silent auction. Individual tickets are \$75, with sponsorship opportunities available. Please let us know of anyone in the food, wine and beer industry who would be interested in participation in this event. In addition, we are seeking business sponsors interested in gaining exposure to over 2000 households at this event and throughout the year. Call Diane at 510-848-3560 or email Dian@j-sei.org with your contacts.

Sakura Season In Japan

Sakura season is everyone's favorite time of year in Japan. The exact dates of sakura blooms vary by as much as 10 days from one year to the next due to weather, but generally begin in late March. Sakura season also varies by city and even by park because there are dozens of varieties of sakura tree that bloom in different conditions.



Depending on the variety of sakura tree and the weather, sakura season can be as short as 6 days and long as 21 days in any given location.

The most popular variety of sakura tree known as Somei Yoshino bloom and fall within a week. The peak in an area filled with Somei Yoshino is usually within 3 to 4 days from the start of the bloom. Other varieties may take a week to peak.



The peak can disappear very quickly with strong wind and rain. It's not unusual for cherry blossoms to be at their very best for less than two days. Many regions of Japan have planted late blooming varieties of sakura that provide a second chance. In

Tokyo, there's usually a solid two week period for hanami.



Hanami can be translated "flower viewing". It's the custom in Japan of having parties under sakura trees when they bloom in early spring. The term can also apply to taking a walk under the trees.

Hanami parties are remarkably popular in Japan with virtually the entire country participating.

It's customary for people to reserve party spots under the trees with blue plastic mats. In some cases, people arrive 12 hours before a party to lay down a mat. Junior salarymen are often selected for this important mission before a company hanami party.

People treat the blue mats as they would the floors in a Japanese house — you need to remove your shoes before stepping on the mat.



Another old Japanese saying about cherry blossoms is "dumplings over flowers." It means that people are often more interested in the food and drink at hanami parties than the flowers themselves.